



NOLAN CATHOLIC HIGH SCHOOL

# SCHOOL TALK

QUARTER 1 EDITION NO. 3



August 31, 2024

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## Dear Viking families,

Yesterday, our first pep rally of the season was an absolute blast, filled with energy, spirit, and Viking pride. It was incredible to see our community come together to support our fall sports teams and kick off the school year with such enthusiasm. The rally set the perfect stage for what followed—a thrilling victory by our Viking football team! The energy in the stadium was electric as we cheered our team on to a well-deserved win.



Our Nolan Catholic spirit groups also delivered amazing performances, showing once again that they are second to none!

This Friday, we hope you'll join us in Dallas as our Vikings take on Bishop Dunne. It's going to be another exciting matchup, and we'd love to have our stands filled with blue and white as we cheer our team to victory!

In this edition of the newsletter, we have plenty of new information to share, including an important message from our Head of School.

Thank you for your continued support of Nolan Catholic High School! Go Vikings!

**#EstoDux**

## In this Issue:

### School News & Information

- [Catholic Bowl IV Information](#)
- [5th Annual Viking Club Golf Tournament](#)
- [College Counseling Events](#)
- [23-24 Yearbooks Available](#)
- [Texas Rangers Catholic Schools Night](#)
- [Join the Literary Society](#)
- [Join the Nolan Art Club](#)
- [How Frogger Set the Tone for the School Year, by Oscar Ortiz](#)
- [Royelles Bake Sale](#)
- [Attention RoboVikes Parents!](#)
- [44th Annual Gala Date](#)
- [ECI Weekly Menu](#)
- [You Gotta Believe!](#)

### Faith Life on Campus

- [BCB and Mothers' Mass](#)
- [St. Andrew Breakfast](#)

### Volunteering: The Viking Way

- [Viking Club Opportunities](#)

### Admissions Events

- [Future Viking Night](#)
- [Coffee Talk with the Head of School](#)
- [Open House](#)

### Important Upcoming Dates:

- **Monday, September 2**  
No School - Labor Day
- **Wednesday, September 4**  
Fall College Fair
- **Friday, September 6**  
BCB (Black Coffee Brotherhood)

# SCHOOL NEWS & INFORMATION



## Join Us for a Pre-Game Fundraising Lunch at Catholic Bowl IV!

We are excited to invite you to a special Pre-Game Fundraising Lunch on **September 14** at City Works, located at The Star in Frisco. This event offers a fantastic opportunity to gather with fellow Nolan Catholic supporters, enjoy a great meal, and contribute to our football team's success—all before cheering on the Vikings at Catholic Bowl IV!

### Pre-Game Event Details:

- **Date:** September 14
- **Time:** 11:00 a.m. - 1:00 p.m.
- **Location:** City Works (The Star - Frisco), 3680 The Star Blvd #1300, Frisco, TX 75034

Support Nolan Catholic High School simply by enjoying a meal at City Works before the game. When you place your order, just mention that you're with Nolan, and a portion of your spending will be donated to the school's fundraising efforts. It's an easy and delicious way to show your support!

**Order your Catholic Bowl IV T-shirt and receive a ticket to the game!** We're excited to offer a special Catholic Bowl T-shirt and ticket combo for just \$20! The link closes on September 1. Pick up your shirt at the Spirit Store or request front office pick-up on the afternoon of September 9.

Order Online: [Catholic Bowl T-Shirt Order](#)



## 5th Annual Viking Club Golf Tournament

We are excited to announce the **5th Annual Golf Tournament** on **Friday, October 11, 2024**, at **The Golf Club at Fossil Creek**. This event promises to be a day filled with fun, friendly competition, and an opportunity to support a great cause—benefiting Nolan Catholic students and the community.

We encourage you to gather your friends, colleagues, or fellow golf enthusiasts to form a team and join us on the green. All skill levels are welcome, and there will be plenty of prizes and fun activities throughout the day.

For more information, to register, or to become a sponsor, please visit <https://www.nolancatholic.org/viking-club>.

**Communications policy:** Our Nolan Catholic Administration prides itself in always responding within two business days. For pressing needs, please contact [principal@nchstx.org](mailto:principal@nchstx.org).

**Attention all Vikings!**

On September 4th, Nolan Catholic is hosting the College Fair from 6:30-8:00 p.m. in the Hartnett Arena. There will be over 40 schools attending to meet with all of you. To name a few: Notre Dame, Benedictine College, A&M, TCU, University of Dallas, and many more. See you all there!

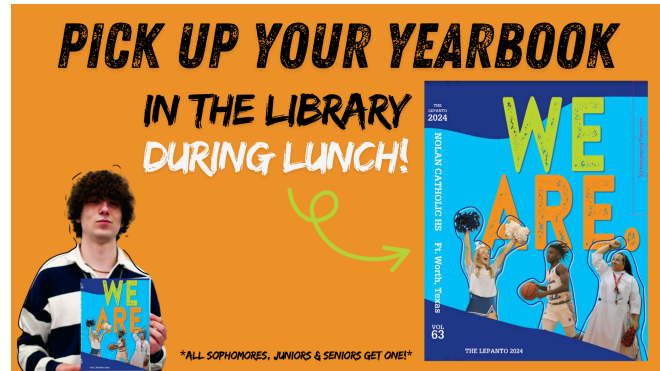


**College Representative on Campus**

Next week college representatives will be here on campus to meet with you, including the University of Dallas. Please sign up through Naviance and if you have any questions, please see your counselor.

**Join the Nolan Literary Society!**

If you are interested in creative writing, journalism, or graphic design, come join the Nolan Literary Society. We meet before school on Fridays in B-21 at 7:00 a.m., and this is a great opportunity to let others see your creative side!



**Students, pick up your 2023-24 yearbooks!**

If you have not picked up your 2024 Lepanto, please see Mrs. Ochs in the library during lunch. ALL sophomores, juniors, and seniors paid for a yearbook as part of their tuition. So again, please pick them up in the library during your lunch.

**Texas Rangers Catholic Schools Night**

We are excited to share an upcoming event that you won't want to miss: Catholic Schools Night at the Texas Rangers baseball game!

**When:** Saturday, September 21 at 6:05 p.m.

This is a fantastic opportunity for our community to come together, enjoy a great game, and celebrate Catholic education. You can find more information and purchase your tickets by clicking on the link below:

<https://www.mlb.com/rangers/tickets/specials/school-events?partnerId=redirect-tex-schools>

We hope to see you there to cheer on the Rangers and represent our school! If you have any questions, please feel free to reach out to the Campus Ministry Office or the Athletics office.



**The Nolan Art Club** is a fun group that enjoys making art. Together the group also participates in art-related community service projects and field trips. Active participation in the club paired with leadership and academic excellence can lead to membership in the National Art Honor Society. The club is open to all Nolan students. Meetings take place every Tuesday after school in the Art Studio (IDEA-211). Please contact Mrs. Crittenden for more information: [vcrittenden@nchstx.org](mailto:vcrittenden@nchstx.org).

## How a Video Game Set the Tone for the Start of the Nolan Catholic School Year

*"Picture this: you're at the crossroads of life, where rules evolve into expectations. Every car, truck, or road hazard has the potential to run you over. How will you navigate the journey ahead?"*

As I visit each classroom and witness the lively engagement of our young men and women, I am keenly aware of the important role that we both play in shaping their journey toward maturity and understanding. For this reason, I want to emphasize how important it is for our faculty and staff that you, as parents, remain actively involved in the life of the school. I believe it's important for you to be informed about the messages we share with your young adults during our assemblies, which set the tone for the values and expectations we hold dear.

Attached, you will find an article written about the address I gave to our students on the first day of school, in which I endeavored to illustrate the shift from childhood rules to the expectations that accompany young adulthood. I invite you to read it, reflect on it, and, most importantly, discuss it with your young adults. Together, let us walk beside them as they cross the roads of life, not with rules to bind them, but with expectations that set them free.

[Click Here to Read the Full Letter.](#)



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**ROYELLES DANCE TEAM**  
*Bake Sale*  
*Fundraiser*

Support us during lunch and collegium!

**SEPTEMBER 10**

Enjoy a variety of baked goodies and help raise funds for your favorite dance team! Gluten and dairy free options will be available. We hope to see you all there!

**NOLAN CATHOLIC 4206 ROBO VIKES**

**JOIN ROBO VIKES!**  
 Interested in joining FIRST Robotics Club? We are accepting new members! Email Coach Varnell for meeting time information.  
 Parent Info Meeting: September 4th, 2024 at 6:00 pm in the IDEA building foyer, 1st floor.

**Why Choose Robotics Club?**

- ☑ Hands-On Learning
- ☑ Scholarship and Career Opportunities
- ☑ Learn Manufacturing & Programming
- ☑ IT'S FUN!

**Contact Us:**  
 Asst. Coach Varnell: [jvarnell@nchstx.org](mailto:jvarnell@nchstx.org)  
 Ms. McGreal: [jmcgreal@nchstx.org](mailto:jmcgreal@nchstx.org)

**The Royelles Dance Team is having a bake sale!**

Tuesday, September 10 during lunch and collegium. All items will be individually wrapped, and gluten and dairy-free options will be available. Bring your money to support the team!

**Attention Robotics Parents!**

Calling all NEW and RETURNING Robo Vikes parents for a **mandatory meeting** for the Robotics Club. It will be on Wednesday, Sept. 4, 2024, at 6:30 p.m. in the IDEA Building Foyer, First Floor. Can't make it? Email Joe Varnell at [jvarnell@nchstx.org](mailto:jvarnell@nchstx.org) for more information.

*The 44th Annual*  
**Kentucky DERBY**  
**Nolan Catholic Gala**  
**SATURDAY, FEBRUARY 1, 2025**

**ECI Weekly Menu**

Monday - Have a safe Labor Day!

**Tuesday - breakfast**

Assorted breakfast burritos and breakfast sandwiches \$2.85

**Entrée : Taco Tuesday**

Tacos al Pastor w/ grilled pineapple, Mexican rice & beans \$8.60

**create:**

Cheesy Pizza Panini w/ house made chips \$8.60

**Wednesday - breakfast:**

Assorted breakfast burritos and breakfast sandwiches \$2.85

**entree:**

Butter Chicken over Basmati rice & garlic naan \$3.60

**create:**

Philly Cheesesteak Sandwich w/ fries \$8.60

**Thursday - breakfast**

Assorted breakfast burritos and breakfast sandwiches \$2.85

**entree:**

Cheese & Pepperoni Pizza \$8.60

**create:**

Fully Loaded Nachos \$8.60

**Friday - breakfast**

Assorted breakfast burritos and breakfast sandwiches \$2.85

**entree:**

Sweet & Sour Chicken over steamed rice & crispy eggroll \$8.60

**create:**

Turkey Caprese Panini w/ house chips \$8.60

**SOUPS**

**MONDAY**  
chicken noodle

**TUESDAY**  
baked potato

**WEDNESDAY**  
broccoli & cheese

**THURSDAY**  
chef choice

**FRIDAY**  
chef choice

**MONDAY – FRIDAY**

- Crispy Chicken Sandwich
- Spicy Chicken Sandwich
- Grilled Chicken Sandwich
- Grilled Cheese
- PB&J
- Chicken Salad on Croissant
- Tuna Salad on Croissant
- Turkey & Swiss Sandwich
- Ham & Swiss Sandwich
- Hamburger – Thursday only
- Cheeseburger – Thursday only
- Bacon Cheeseburger – Thursday only

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### Alumni Spotlight: Robert Ratliff '09 Talks About New Film Honoring His Late Father

We are proud to share that Robert Ratliff '09 has played a pivotal role in the upcoming film "You Gotta Believe," which honors the legacy of his father, Bobby Ratliff. Bobby coached the 2002 Westside Little League All-Stars on an inspiring journey to the Little League World Series. He was not only a mentor to a team of underdogs but also a beacon of hope during his courageous battle with cancer. The film, starring Luke Wilson as Bobby, releases today, August 30, and beautifully captures the power of perseverance, unity, and belief, as the players rally around their coach and each other, embracing the motto "You gotta believe."

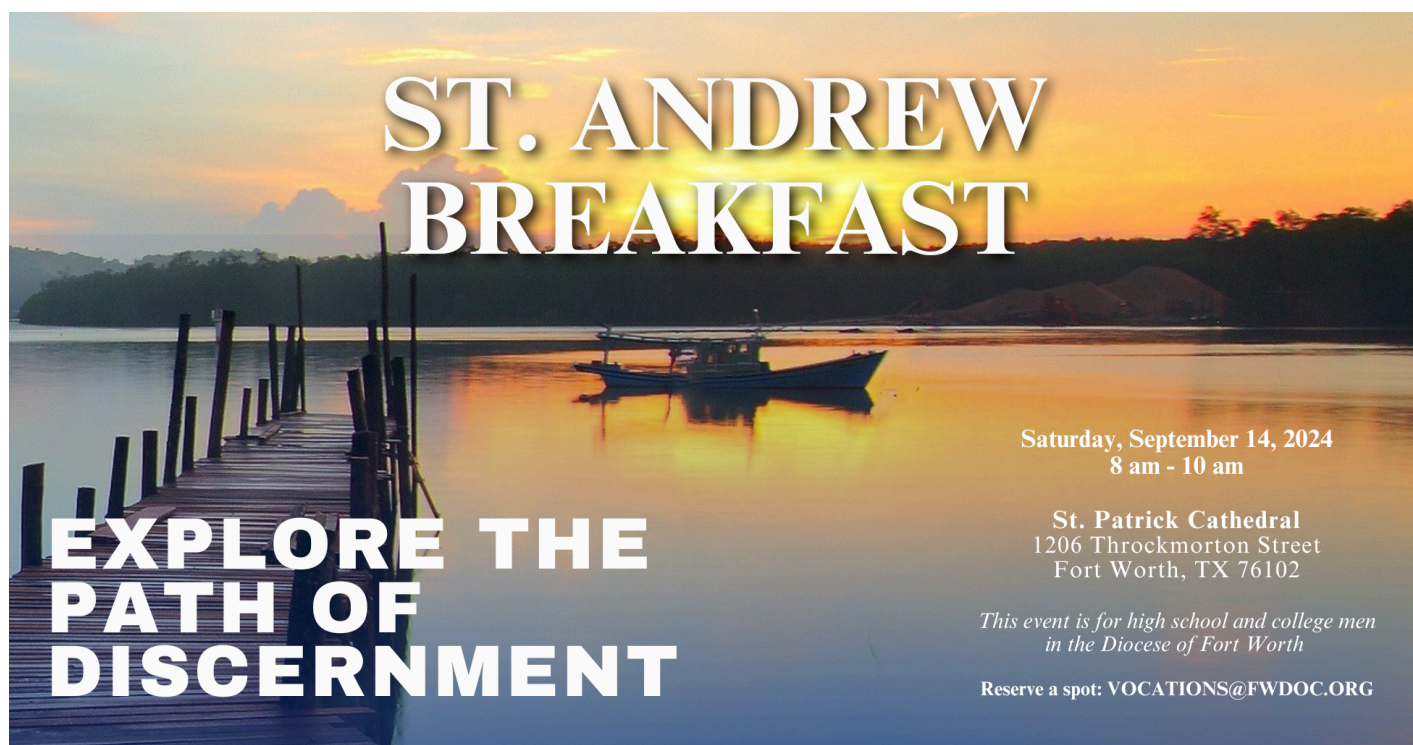
Take the family today to see this inspirational film and support Nolan Catholic alumnus, Robert Ratliff! You can also check out the [full story](#) in Fort Worth Magazine by Stephen Montoya.

## FAITH LIFE ON CAMPUS

### Parent Community on Campus

Our Nolan Catholic Faculty and Staff would like to encourage all parents to develop their faith lives along with the school. Please join Fr. Metzler for the following opportunities:

|  | Description   | Dates  |
|--|---|--|
| <b>Mothers' Mass</b><br><b>8:15-9:30 a.m.</b>            | All mothers are welcome (faculty and staff included)! We will begin with Mass at 8:15 a.m. followed by coffee/treats and Bible study.                                 | Sept 20, Oct 18, Nov 15, Jan 24, Feb 21<br><a href="#">RSVP Here</a>             |
| <b>Black Coffee Brotherhood</b><br><b>6:00-7:15 a.m.</b> | All fathers are welcome (faculty and staff included)! We will begin at 6 a.m. with adoration in Nolan's Chapel, followed by prayer with scripture led by Fr. Metzler. | Sept 6, Oct 4, Nov 1, Jan 10, Feb 7, March 7, Apr 4<br><a href="#">RSVP Here</a> |



# ST. ANDREW BREAKFAST

## EXPLORE THE PATH OF DISCERNMENT

Saturday, September 14, 2024  
8 am - 10 am

St. Patrick Cathedral  
1206 Throckmorton Street  
Fort Worth, TX 76102

*This event is for high school and college men  
in the Diocese of Fort Worth*

Reserve a spot: [VOCACTIONS@FWDDOC.ORG](mailto:VOCACTIONS@FWDDOC.ORG)

## VOLUNTEERING: THE VIKING WAY



### Viking Club Opportunities

As our Viking athletics start to rev up, we invite you to continue supporting our Viking Club by getting involved in home athletic events. The Viking Club plays a crucial role in creating a positive and spirited atmosphere for our teams, and your participation makes a huge difference! We have a variety of opportunities available, from helping with concessions to assisting with event setup.

If you're interested in joining us, please sign up using the link: [Viking Club Volunteer Sign-Up](#)



Thank you for your continued support of our Viking athletes and the entire Nolan Catholic community.

***Safe Environment Certification for Employees and Adult Volunteers*** is required prior to serving in ministry and must be renewed every two years. Volunteers must create a profile at [www.virtusonline.org](http://www.virtusonline.org) and add Nolan Catholic as a volunteer site. If you have any questions, contact Michelle Wessel, Nolan Catholic Safe Environment Coordinator at [mwessel@nchstx.org](mailto:mwessel@nchstx.org); or search for a session [www.fudioc.org/training-sessions](http://www.fudioc.org/training-sessions).

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# ADMISSIONS EVENTS



## Future Viking Night

Be a part of the Friday night action and experience the excitement of Viking football. Cheer alongside our spirited cheerleaders, dance with the dynamic Royelles, play with the energetic marching band, or join the enthusiastic Norse Crew. This is a fantastic opportunity for future Vikings to experience the school spirit that makes Nolan Catholic High School so special.

**September 20, 2024**

Learn more at

[www.nolancatholic.org/events-and-tours](http://www.nolancatholic.org/events-and-tours)

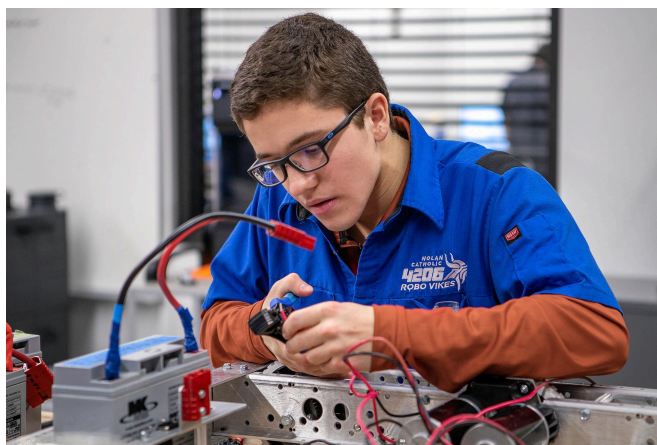
## Coffee Talk with the Head of School

Meet with the administration and hear more about our academic, athletic, fine arts, and extracurricular opportunities. Coffee and tours will begin at 9:15 a.m. and last approximately two hours.

**September 13, 2024 | October 4, 2024**  
**November 15, 2024 | December 6, 2024**  
**February 7, 2025**

**Contact us today to schedule a tour!**

Donna O'Malley | [domalley@nchstx.org](mailto:domalley@nchstx.org)



## Fall Open House

Join us for our Fall Open House on Wednesday, **November 13 from 6:00 p.m. to 8:00 p.m.** This is a wonderful opportunity to explore our campus, meet our faculty, and learn more about what makes our community special. More details will be shared soon. We look forward to welcoming you!

Learn more at

[www.nolancatholic.org/events-and-tours](http://www.nolancatholic.org/events-and-tours)

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