



NOLAN CATHOLIC HIGH SCHOOL

ALUMNI ASSOCIATION

June 2021



Alumni Relations Coordinator
Patricia Gilmore Pierret '78
ppierret@nchstx.org



FROM THE ALUMNI RELATIONS COORDINATOR

Congratulations and welcome to the Class of 2021! What a busy few weeks you have had recently with exams, the picnic, the drive thru Senior celebration, Baccalaureate Mass and commencement at Globe Life Field. It happened despite COVID. What a way to end the year. It's probably the same for all of you with children, grandchildren and other relatives graduating this year. What a year it's been!

Diana Andrews Roehl '73, owner of Diana's School of Yoga, is our business spotlight. Feeling the need to move and get in shape? Diana's video gives great tips on staying healthy during COVID and "normal" times.

Now that restrictions are lifting, reunions are happening again. Several classes are planning reunions this summer or at Homecoming. If you need information, please contact the [Alumni Office](#).

Hall of Fame nominations will be accepted until July 15. You can find the criteria and the nomination form on the [Alumni webpage](#) of the NCHS website. There are many leaders in our community. Consider nominating one.

The students are out for the summer, but our development team and the administration will be working through the summer continuing to make good things happen at your alma mater, Nolan Catholic. Come by for a tour and see the amazing improvements to the campus.

Continue the relationship!

Pat-

STAY CONNECTED

Update your contact information

We want to hear from you! Please email [Pat Pierret](#) your contact information, job, education, and family updates. We want to be sure we have the most up to date information so we can mail and email all upcoming events, reunions and opportunities to get involved.

Send your news to us via [NCHS Website](#) and we will highlight it in the next newsletter.

Follow us on social media

@NolanCatholicHighSchoolOfficialPage

@NolanCatholic

@NolanCatholicHS

[Alumna Page](#)

Congratulations, Class of 2021!

Welcome to the NCHS Alumni Association!

ALUMNI BUSINESS SPOTLIGHT: Diana's School of Yoga

Join fellow alumni in registering your business on the [alumni web page](#) of the [Nolan Catholic website](#). Send your name, class year, the name of your business and a link to your site. You can also join the [Nolan Alum Biz page](#) on Facebook. The e-news would like to highlight your business. For information on all of these, contact [Pat Pierret, Alumni Relations Coordinator](#).

Diana's School of Yoga

Diana Andrews Roehl '73

"Bringing Back the Joy of Movement"

Our goal at Diana's School of Yoga is to introduce and guide you through the art and ancient discipline of yoga. We have yoga classes 7 days a week and also offer corporate yoga, private home sessions, quarterly boot camps, yoga retreats and Thai Yoga Therapy Bodywork. [Check out the classes and events and sign up for the newsletter.](#)

You may be intimidated by yoga when you see these lean, flexible and strong yogis so gracefully bending their bodies into poses with funny names that are hard to pronounce. But let me tell you this -- no one gets there overnight and some of us may never get "there." Yoga is a practice. The point of yoga is not to stretch your legs behind your head but instead to learn things about yourself and your body on the journey there. You will most certainly become overall more physically fit on the road to touching the back of your head with your toes but it doesn't stop there.

Here is a short list of other benefits you will gain from yoga:

- stress relief and relaxation
- reconnect with yourself and your body
- gain confidence and self esteem
- find peace



YOGA VIDEO

Click to watch Diana Andrews Roehl '73 provide tips for staying healthy and active.

- perfect your posture
- increased happiness
- become better focused
- experience better sleep
- boost your immune system
- builds self awareness
- benefits your relationships
- encourages self care
- influences change where change is needed

Still not sure if yoga is for you? In addition to the variety of health benefits, yoga offers an even more varied range of classes. There are so many different types of yoga classes and within each class there are options to modify the intensity to suit what your body is comfortable with that day. While

one day you may be feeling a Power Yoga class, come the weekend your mind and body may be in need of Restorative Yoga. Our needs change on a daily basis and Yoga serves only to suit your needs. Diana always reminds us that this is our practice, listen to our bodies and do only what our bodies want to do in the moment. **Yoga IS for EVERYONE.**

Contact:

Diana Andrews Roehl
diana@dianasschoolofyoga.com
(817) 909-6544

<https://dianasschoolofyoga.com/>

EVENTS

Sept. 4: [Catholic Bowl](#) at [The Star in Frisco](#).

Oct. 1: 2nd Annual Nolan Catholic Golf Tournament benefiting the Viking Club. [Register to play or be a sponsor.](#)

EN MEMORIAM



May perpetual light shine upon them

Michael Erwin '78 - April 23, 2021

John Jacobi '75 - May 22, 2021

EXPERIENCE THE POSSIBILITIES

SCHEDULE A TOUR

Our hourlong tours are offered in person or via a live virtual tour. An admissions representative will answer all questions and provide a customized experience that is tailored to you and your student's interests.

The Admissions Office would like to invite you to experience the many renovations to our campus! We are proud to offer an opportunity to experience the Truth, Beauty, and Goodness that is present every day at Nolan Catholic High School.

While you are here, we encourage parents to consider if Nolan Catholic is the right choice for your child's education. This is your chance to meet students, moderators, and coaches specifically in your child's areas of interest.

It is not too late to register for a personal tour of our campus! Please visit

<https://www.nolancatholic.org/events-and-tours>

to register with our admissions team. We look forward to seeing you!



VIRTUAL TOUR

[Click here to watch](#) our virtual, student-led tour of the Nolan Catholic High School campus. Get an overview of the Truth, Beauty, and Goodness that permeates every corner of our school.

For more information, or to schedule an on-campus tour, contact Donna O'Malley, Executive Director for Admissions & Enrollment, at

domalley@nchstx.org, or at 817-395-0245. Visit

<https://www.nolancatholic.org/application-process> for application assistance.



NOLAN CATHOLIC HIGH SCHOOL



200 scholarship offers exceeding \$14.5 million have been awarded to 92 seniors from the Class of 2021. This represents 50% of the senior class. *We congratulate them on their tremendous effort and success!*



Annabelle Etta Sauer

Valedictorian

National Merit Finalist Scholars

Annabelle Sauer

National Merit Commended Scholars

Harry Black, Luke Duane-Tessier, Chelsea Ikowe, and Mathieu Reyes

National Hispanic Scholars

Margaret Blair, Annabelle Sauer, and Gabriel Socha



Harry Joseph Black

Salutatorian

Military Appointments



Kendall Newsom

United States Air Force Academy



Matthew Nguyen

United States Military Academy West Point



Matthew Ramirez

United States Military Academy Preparatory School



Riley Riethman

United States Naval Academy

Schedule an in-person tour of the Nolan Catholic High School campus!

Register at [NolanCatholic.org/events-and-tours](https://www.NolanCatholic.org/events-and-tours)

AROUND THE CIRCLE

Congratulations, class of 2021!

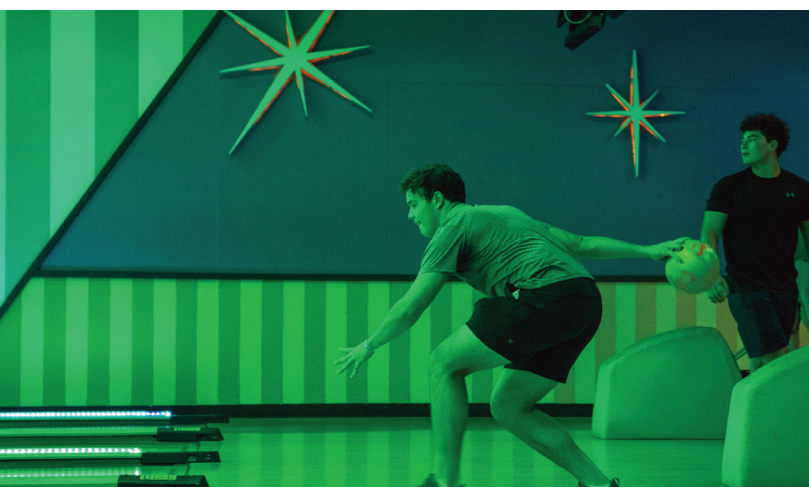
Esto Dux!



AROUND THE CIRCLE

GRADUATION CELEBRATIONS

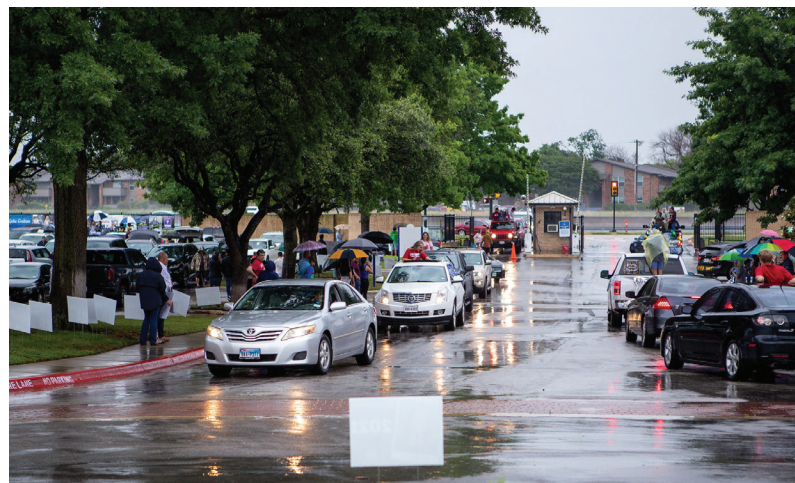
Prior to walking across the stage, the Class of 2021 enjoyed a day of fun and games at Alley Cats in Arlington. Welcome to the Nolan Catholic Alumni Association, Vikings! Esto Dux!



AROUND THE CIRCLE

GRADUATION CELEBRATIONS

Although rain literally rained on their parade, the new graduates didn't let some wet weather dampen their spirits. Seniors decorated their cars and drove through the Circle one last time. Parents, faculty and staff, and fellow Vikings created signs to cheer on the Class of 2021.



AROUND THE CIRCLE

VIKINGS ON TV

Did you see the public service announcements on Channel 11 in DFW celebrating May as Asian-American month? Our own Katie Hoang '22, Miss Teen Texas, was featured in those PSA videos. Congratulations, Katie!



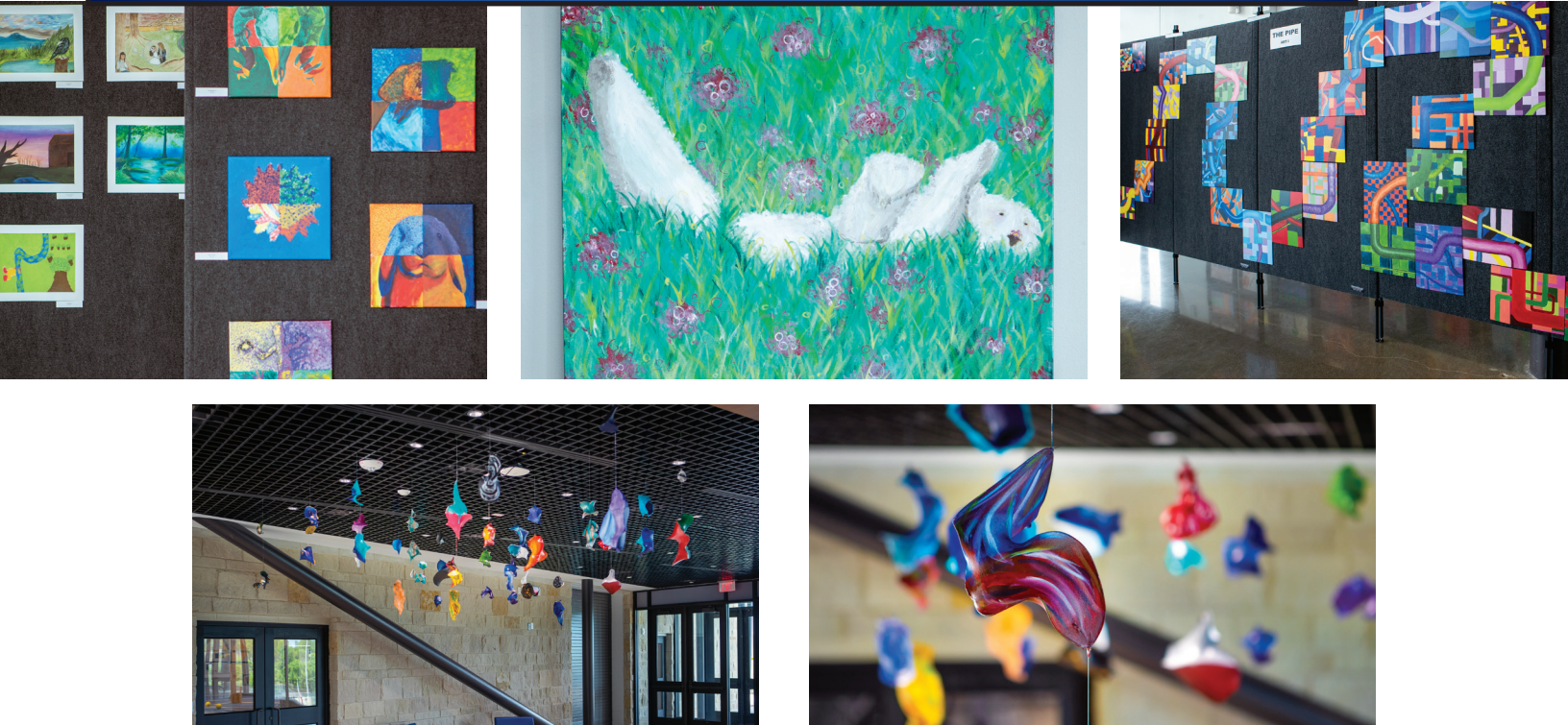
NOLAN CATHOLIC v. TCU REGATTA

The Viking Sailing Club held a regatta against TCU. Nolan Catholic had three crews against two for TCU. The VSC took first place with senior captain, Jack Van Zanten, and junior Marcus Bennett on board. Congratulations, Vikings!



ART GALLERY

Projects from Ms. Hamende's talented Art students are on display in the new IDEA Building.



AROUND THE CIRCLE



THE TRADITION CONTINUES...

Many of our graduating seniors decorated their uniforms today to show off their college spirit. *Esto Dux!*



KNOW. GROW. SERVE.

THE NOLAN CATHOLIC FUND

PLANNED GIVING

Please consider a planned gift to Nolan Catholic and/or the Diocese of Fort Worth. Join the legacy society today and see how your gift makes a lasting impact.

Visit <https://bit.ly/CatholicLegacy> or contact Renée Underwood, CFRE at 817-533-7242.

Tuition only covers 80% of the cost to educate a student at Nolan Catholic. Gifts to the Nolan Catholic Fund help to bridge this critical gap in the operating budget and touch nearly every component of school life, thereby benefiting each and every Nolan Catholic student. Our goal is \$150,000 and we have raised \$145,000! Please help us reach our goal!

Join us today by going online to www.nolancatholic.org/give!

ESTO DUX APPRECIATION RECEPTION

We are truly grateful for your support this past year and the gifts you have given us through your time, talent, and treasure! We had a wonderful gathering of Nolan Catholic's most loyal friends and supporters while watching the beautiful sunset. Thank you to those of you who joined us and we missed those of you who were unable to attend.

In addition to celebrating the members of our community who have done so much for us this year, we recognized two incredible families with the Esto Dux Award. Since 1993, the administration of Nolan Catholic High School has presented the "Esto Dux" Award to individuals who have demonstrated life-long support of and commitment to Catholic education.



Esto Dux Award Recipients



2020 Esto Dux Award Recipient

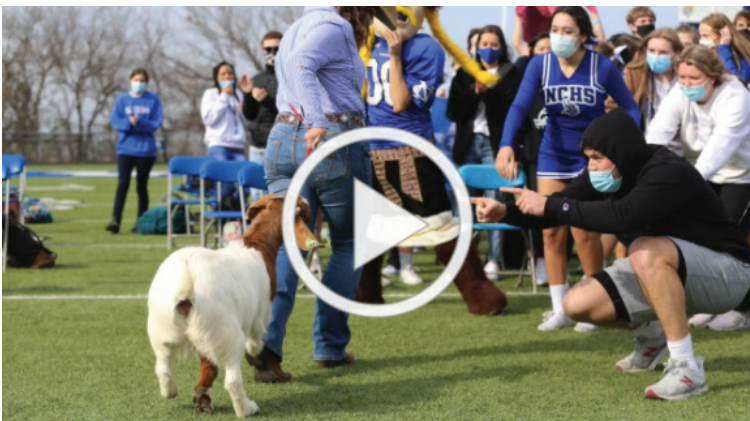
Jo Ann and Gregory Swinton, Greg pictured here with his daughter Alyson Swinton Bellinghausen '96



2021 Esto Dux Award Recipient

Maurie and Debbie Munro, pictured with their children, Jaki '09, Matt '18, Maci '19 (not pictured: Sophi '22)

We started school in August with the intention that students come first and with that comes offering the very best opportunity for our students, faculty, and staff to explore ways to engage everyone in daily academic instruction, faith life, and student life. *Thank you so much for your continued support! We wish God's great blessings for you and your entire family.*



ESTO DUX RECEPTION VIDEO

Click the image to the left to watch the 2021 Esto Dux Award reception video.

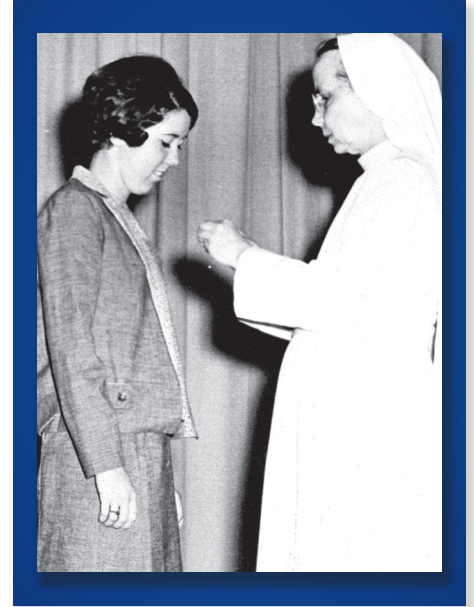
June 2021



June 2021 #1



June 2021 #2



June 2021 #3

May 2021



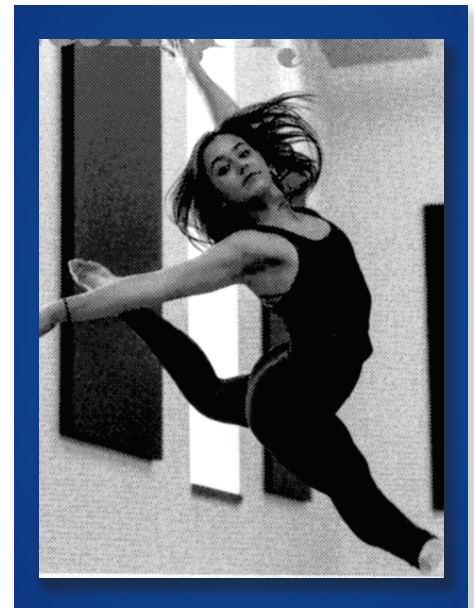
May 2021 #1

Sheremy Moore '87



May 2021 #2

Jason Timmerman '95
Maddy Sun '95



May 2021 #3

Miranda Uranga '20

June 2021 Class Notes

1970s

After a sabbatical, **Glenn Gillaspay '71** returned to the Intelligence Community as a technical advisor and systems engineer. He lives near Ft. Meade, Maryland in metro Washington, DC. He says the Shrine of the Immaculate Conception at Catholic University, the Smithsonian museums, and the National Cathedral are all "must see" items. Fall is a very fine time to visit the Nation's Capital.

1980s

Mary Martin '80 got her bike out for the first time in a loooooong time to join Fort Worth Mayor Betsy Price in her last rolling town hall at the Naval Air Station Joint Reserve Base. *(Photo 1)*

Lito Porto '87 received the **Holleran Steiker Award for Creative Student Engagement** at the University of Texas for his Signature Course: Process Ecology Across Lifeforms, Disciplines and Dimensions. *(Photo 2)*

After learning that **Michael Davidson, Laneri '60**, donated funds for books in memory of his sons and parents, Mary Ellen and **Mike ('64) Schattman** chose to honor the memory of their son, **Nathan Schattman '87**. Mr. David Mabry, AP US History teacher, is pictured with students and NCHS librarian, Ms. Therese O'Herron, with the donated books. Mr. Mabry is excited to use the books in his classes. Nathan died of complications of Conn's syndrome, an adrenal gland disorder that affected his heart. Nathan was a lifelong learner and a Life Gift organ and tissue donor. His legacy is to continue helping students and giving others a second chance at a healthy life. If you wish to make a donation to the library, please contact **Pat Pierret** *(Photo 3)*

2000s

Look at 6-month-old Mia sporting her Nolan Catholic Future Viking bib! Mia's mom is **Cynthia Dorado Johnson '06**. *(Photo 4)*

Clarissa Flores '04 was engaged to Chris Fogleman on May 22. *(Photo 5)*

Elizabeth Eder Northern '05 won the Cowtown Half Marathon. She's pictured here on the left with **Caitlin Keen '10** and Luciana Bartholomew, NCHS Assistant Cross Country Coach. These Vikings finished in the top four. *(Photo 6)*

Daniel Solis '06 is Plano ISD Williams High School Teacher of the Year. His teaching philosophy, "I will say this a million times, in my calling to teach I don't teach and coach who they are. I teach and coach who they will become." Daniel is pictured with his wife, Sara, and their daughters, Kamryn and Karsyn. *(Photos 7 & 8)*

Elisa Buster Coleman '09 and **Beau Coleman '10** welcomed their first child, Tristan David, on May 13, 2021. *(Photos 9 & 10)*

Cortni Breen Sanderson '09 and her husband, Jason, welcomed James Dennis Sanderson on May 14, 2021. Big Brother George (18 months) is thrilled with baby brother. *(Photos 11 & 12)*

2010s

Beau Coleman '10 and **Elisa Buster Coleman '09** welcomed their first child, Tristan David, on May 13, 2021. *(Photos 9 & 10)*

Caitlin Keen '10 finished in the top four of the Cowtown Half Marathon. Two other Vikings joined her at the top of the

standings. She's pictured in the center with **Elizabeth Eder Northern '05** and Luciana Bartholomew, NCHS Assistant Cross Country Coach. *(Photo 6)*

Lexi Tittor '15 married Roscoe Anderson on April 24, 2021 in Nashville. Her brothers, **Andrew Tittor '14** and **Nicholas Tittor '14**, were groomsmen. Other Vikings in the wedding were **Emily Rayball '15**, **Caroline Workman '15**, **Katie Fiebig '15**, and **Olivia Stephen '15** who were all bridesmaids. *(Photo 13)*

Joel Garcia '17 "**sees the beauty in Physics and is set to make a difference working on 'exotic' materials.**" says the Online Newsroom at University of St. Thomas in Houston from where Joel will graduate this year. He is headed to Lehigh University for graduate studies in Physics and Engineering.

Baylee Wang '17 will be attending the University of Texas School of Law in the Fall semester. Baylee graduated from UT with a BS in Radio-Television-Film and a BS in Government. She's been working for **Wright & Greenhill PC**.

Jacob Watson '19 was named as one of eight Franciscan University baseball players named **President's Athletic Conference (PAC) All-Conference**. A week before the announcement, Jacob was honored as **PAC Pitcher of the Week**.

2020s

Christina Cross '20, a rising sophomore at Texas Wesleyan University, made the Dean's List with a 4.0 GPA and was awarded the Jan Fersing Freshman Success Award for her academics, campus involvement and contributions. *(Photo 14)*

June 2021 Class Notes



1. Mary Martin '80



2. Lito Porto '87



3. Mary Ellen and Mike ('64) Schattman chose to honor the memory of their son, Nathan Schattman '87 by donating funds to the library. Mr. Mabry and Ms. Therese O'Herron are seen here with current Vikings.



4. Mia, daughter of Cynthia Dorado Johnson '06



5. Clarissa Flores '04



6. Elizabeth Eder Northern '05, Caitlin Keen '10 and Luciana Bartholomew

June 2021 Class Notes



7. Daniel Solis '06



8. Daniel Solis '06



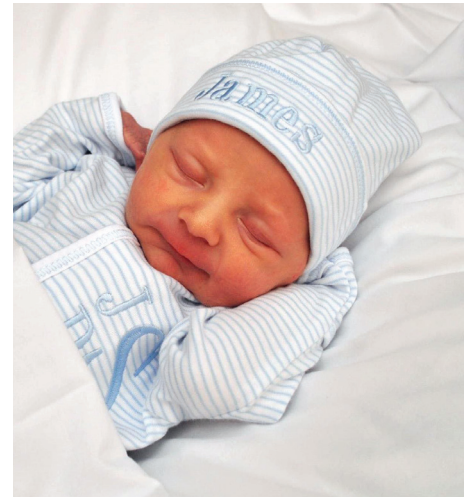
9. Elisa Buster Coleman '09
and Beau Coleman '10



10. Elisa Buster Coleman '09 and Beau
Coleman '10



11. Cortni Breen Sanderson '09



12. Cortni Breen Sanderson '09



13. Lexi Tittor '15



14. Christina Cross '20

NCHS Alumni Tennis Tournament

The NCHS Viking Tennis Team hosted a tournament with the tennis alumni. It was a beautiful day and there were a lot of Viking alumni at the courts to play. **Jared Sweetland '17** won the tournament.



Molli Magday '17, Brother Al, Mica Magday '22



Joe Montez '13



Cody Ngo '19



Matthew Hunter '13



Ray Poquiz '87, Parker Poquiz '22, Paige Lussier '23, Patty Levitt Lussier '87



Varsity Tennis Team with Coach Nguyen